

MONKEYPOX

WHAT TO KNOW

WHAT IS IT



- Monkeypox (MPX) is an infectious disease caused by a virus similar to smallpox, but less severe
- Outbreaks are occurring in several countries, including Italy
- Most of the cases involve men who have had sex with men (MSM), but anyone can transmit or contract the virus
- The disease usually lasts from 2 to 4 weeks, with complete recovery

HOW IT IS TRANSMITTED



- By direct contact with skin and/or mucous membrane lesions or body fluids
- During sexual activity
- In prolonged face-to-face situations, through saliva *droplets*
- Touching contaminated objects (such as clothing, towels, bed linen, dishes)

WHAT ARE THE SYMPTOMS



- Eruptions with blisters on the whole body (most frequent in ano-genital areas)
- Fever
- Enlarged lymph nodes
- Rectal inflammation and pain

These symptoms may be accompanied by headaches, muscle aches and weakness

WHAT TO DO IN CASE OF SUSPECTED INFECTION



- Contact your doctor immediately
- Self-isolate and do not take part in events
- Do the test, if prescribed
- Abstain from sexual activity and avoid close or intimate contact until the disease is ruled out
- Warn close contacts and sexual partners
- Wash hands frequently

Everyone can get sick

STIGMA AND DISCRIMINATION HINDER THE FIGHT AGAINST THE VIRUS
In case of symptoms, call your doctor without hesitation

#SolidarityNotStigma

