

INFORMATION FOR SPERM CULTURE SAMPLE COLLECTION

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SPERM CULTURE

Collection container:

Sterile wide-mouth container with screw cap

Indications for the patient:

- 1. Abstain from sexual intercourse for 72 hours before the exam.
- 2. Do not urinate for 3 hours before the exam

Collection methods:

- 1. Before collection, to avoid contamination with skin bacterial flora, wash your hands and penis carefully with soap and water (or with a mild disinfectant)
- 2. Rinse thoroughly (minimum one minute).
- 3. Dry yourself with a clean towel.
- 4. Proceed to collect the sperm in the appropriate sterile container by masturbation.

Delivery to the laboratory

Deliver to the laboratory as quickly as possible: maximum 30-40 minutes